

**Not even Sugar Daddies
can stop her!**

Brave

Focused

Victorious



Cross-Generational Sex stops with you.



**Abstinence is for me,
how about you?**



Abstain to avoid HIV/AIDS

**Children in your
community are
at risk for HIV**

**Children are the
key to life**

For more information, visit the nearest
health center where you see this sign



Adolescents' perceptions on relationships and sexual behaviour within the cultural and socio-economic context of Kampala, Uganda.

Proposing a theoretical framework.

Billie de Haas

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Appendix 1. Guide for in-depth interviews

Set-up in-depth interviews

- I will bring a snack and a soda for each interviewee. I will give them the snack and soda after the interview
- I will make notes during the interview regarding the way the interviewee is behaving
- I will ask the teacher in charge to arrange a room for me. It should be a quiet room, without any interruptions during the interview, where the interviewee feels relaxed and feels able to speak openly
- I will tell the interviewee that it will be anonymous, that no one will know what they told me. And I will ask for consent before the interview starts.
- WPF has made a budget for incentives (snack and soda) and to thank the teacher in charge for arranging everything.
- I will bring a voice recorder and enough batteries to tape the interview
- In case someone needs help, I make sure I bring contacts from a health clinic and/or counsellor in the neighbourhood
- I'll bring tissues and water
- I'll ask the head master/mistress of the school for permission to do the research. I'll bring an introduction letter.
- I'll bring the first part of the WSWM survey to collect some personal background characteristics of the interviewees

What I want to gain from the in-depth interviews

Main focus will be on the role of self-efficacy while in FGDs more attention will be paid to influencing background factors.

How does self-efficacy play a role when practicing:

Topics:

1. Relationships
2. Sexual intercourse
3. Cross-generational sex
4. Transactional sex
5. Multiple partners at the same time

And possibly:

6. Sexual harassments (at school)/teacher-student relations
7. Practicing safe sex

And how are their attitudes and behaviour influenced by:

- cultural meaning system, religion, religiosity, cultural schema
- family (financial capital, human capital, social capital)
- kinship, peers, media, place of residence, sex, age, educational level, nuptiality

Probes:

- Attitude
- Subjective norm (parents, family, peers, school, religion, tribe, social status)
- Perceived behavioural control
- Self-efficacy (socio-economic status)
- Intention
- Behaviour
- Influencing cultural factors (cultural meaning system, religion, religiosity, cultural schema)
- Other Influencing factors (family (financial capital, human capital, social capital), kinship, peers, media, place of residence, sex, age, educational level, nuptiality)

Pilot in-depth interview

I will look at:

- Wording, phrases, ambiguity
- Sequencing
- Length
- Type of responses

In-depth interview guide

Make notes (in case equipment fails but also body language etc)

Introduction talk:

Hello, nice to meet you. My name is Billie de Haas. I am a student from the Netherlands and I am 24 years old.

There is a sexuality education programme in Uganda, called World Starts With Me. Have you ever heard of it? They are teaching this programme at eighty schools in Uganda at the moment. And if your school wants it, your school will get the programme next year. This year, the organization in the Netherlands that created the programme, would like to evaluate the programme to see how they can improve the programme. That is why I am here to do research. I would like to know more about you and your life, and about other people like you, so we can try to improve the programme. The results will be reported to the World Population Foundation and SchoolNet Uganda. Your school will also receive the results but they will be brief, summarized, results, they will not be able to find out what you said. Thank you for participating in this interview.

The interview will not take longer than one-and-a-half-hour and I will be asking you questions about sexuality issues. If you feel uncomfortable with a question, or if you don't want to talk about it, just tell me. Then we will skip that question. If you feel that there are related issues that are relevant and important, you can tell me during the interview.

This interview is confidential. I will not use your name in my study or do other things that will make people know what you told me. I won't tell anyone at your school, I will make sure that you will stay anonymous.

Please be open and honest, only if you tell me the truth and not the things you think I want to hear, we will be able to improve the programme. There is no right answer, I just want to hear your opinion, I won't judge you on the things you tell me.

Is it okay if I tape the interview, so I can listen back to it later and I don't have to write everything down now but can focus on what you are telling me now? I will need it later on to analyse what was said during this interview.

Are you okay to do this interview, do you give consent (let person give orally consent)? Do you have any questions so far? Shall we begin? After the interview, I will have a snack and a soda for you to thank you.

Warm-up questions

About 15 minutes, general questions

- Background of interviewee
 - Age
 - Course at school (how is school?)
 - Hobbys/free time?
 - Place of residence
 - Family?
- Have you ever done an interview like this before?

Topic questions

How does self-efficacy play a role when practicing:

Topics:

1. Relationships
2. Sexual intercourse
3. Cross-generational sex
4. Transactional sex

5. Multiple partners at the same time

And possibly:

6. Sexual harassments (at school)/teacher-student relations

7. Practicing safe sex

1. Relationships:

- a. Have you ever had a boy/girl friend?
- b. How often? With whom (age)? How was it? What would you do?
- c. Do you feel pressure to have boy/girlfriend?
- d. How do things go within relation? Who pressures/decides, do you ever feel forced within relationship?
→ self-efficacy.
- e. Do you feel confident when having a relationship? Why (not)?

2. Sexual intercourse

- a. When people of your age have a boy/girlfriend, what kind of (sexual) things do they do together?
 - i. Is that mostly when they have older boyfriends/girlfriends?
 - ii. How do you feel about having a relationship without kissing or having sex? How do others feel about that?
- b. What do you think about having sex?
 - i. How do you feel about people your age having sex?
 - ii. Do you have friends that are having sex?
- c. Do you feel ready to have sex? Why/when?
 - i. Have you ever done it? Or do you want to wait/abstain? Why?
 - ii. How do your friends think about having sex at your age? And your family?
 - iii. Is their opinion important to you?
- d. Do you feel a pressure from people to abstain on the one hand and to have sex on the other hand?
 - i. If yes, how? And from whom? (school, friends, religion, tribe)
 - ii. What if you don't want to have sex and your friends tell you to have sex. Or if you want to but your parents tell you not to. What will you do?
- e. How do you deal with that pressure? Do you make your own decision or do you listen to what your family/friends want you to do?
 - i. Is it difficult to make your own decision? Why?
- f. Imagine you have a boy/girlfriend and (s)he asks you to have sex. What would be reasons for you to agree and have sex? And what would be reasons for you to refuse and not have sex? What would you decide?
- g. Do you think it is always possible to refuse sex? Can you describe situations for me in which it would be difficult for you to refuse?
- h. Would that be because of your own confidence? Or is it because other people or things make it impossible to refuse? Like what?

3. Cross-generational sex

- a. Have you ever had a relationship with an older person? How much older? How did that go?
- b. How does it make you feel to have a relationship with an older person?
- c. Were you able to negotiate or was (s)he the one making the decisions?

4. Transactional sex

- a. When people are in a relationship, are they supposed to give their boy/girlfriend money or presents?
 - i. How does that work?
 - ii. Would you want your girl/boyfriend to give you money or presents? What if he/she didn't? How would you react?
 - iii. What if your boy/girlfriend was giving you presents and would then be asking for sex. How would you react? Why? And what if it was a stranger?

- b. What if you don't want to give money or presents?
 - c. What if you don't have money to do that?
 - d. How would you feel if you liked someone a lot but that person did not want to be your boy/girlfriend because you don't have money to give her/him money or presents? How would you react?
5. Multiple partners
- a. Have you ever had several partners at the same time?
 - b. If yes, why/how did that happen? did you feel pressured to have multiple partners?
 - c. If no, do you ever feel pressured to have multiple partners? By whom? How do you deal with that?
6. Sexual harassments and abuse (at school)
- a. How do you think about students who have relationships with teachers? What do you think are their reasons to have relationships with them?
 - b. Have you ever wanted to have a relationship with a teacher? Or has a teacher ever proposed to have a relationship with you? If yes, how did that happen?
 - c. What would you do if a teacher wanted to have a relationship with you?
7. Practicing safe sex
8. Do you think that going to school influences the way you have relationships and whether you have sex (or not)? How?

Recap: Do I understand well that you mean...

Sweeping up

- Is there anything about this topic we haven't discussed that you would like to add?

Closing questions

- To summarise... question

Thank you for this interview!

Post-discussion stage

- Could you fill in this small survey?
- What did you think of this interview? Were there any difficulties? Do you think I should change something for the next interview?

After in-depth interview:

Write report on how things went.

Questions added during in-depth interviews

1. Do you talk with friends about sex? What do you talk about?
2. Do you ever feel insecure?
3. Where do you get your knowledge from?
 - a. Regarding having relationships?
 - b. Regarding having sex/sexual activities?
4. Do you read magazines etc to learn about sex?

Appendix 2. Guide for Focus Group Discussions

Set-up Focus Group Discussions

- I will bring a snack and soda for each participant. I will give them the snack and soda after the discussion.
- I will bring a Ugandan note taker to observe and make notes (key points and non-verbal messages) during the discussions, and, if necessary, to translate.
- I will ask the teacher in charge to arrange a room for me. It should be a quiet room, without any interruptions during the discussion, where the participants feel relaxed and feel able to speak openly. In addition, the room should be big enough, so we can all sit around a table.
- I will tell the participants that it will be anonymous, that no one will know what they told me. And I will ask for consent before the discussion starts.
- WPF has made a budget for incentives (snack and soda), to thank the teacher in charge for arranging everything, and the note taker.
- I will bring a voice recorder and enough batteries to tape the interview
- In case someone needs help, I make sure I bring contacts from a health clinic and/or counsellor in the neighbourhood
- I'll bring tissues and water
- I'll ask the head master/mistress of the school for permission to do the research. I'll bring an introduction letter.
- I'll let the participants write down their consent and some personal background characteristics.

Pilot FGD

I will look at:

- Wording, phrases, ambiguity
- Sequencing
- Length
- Type of responses

What I want to gain from the FGDs:

I want to see how the participants feel about the role of self-efficacy when constructing their sexual behaviour but I also want to know more about the background factors that they perceive are influencing their sexual behaviour.

FGD guide

Before starting

- Identify participant characteristics
- Arrange seating accordingly

Introduction talk:

Hello, nice to meet you all. My name is Billie de Haas. I am a student from the Netherlands and I am 24 years old. This is Kesh, he is my research assistant. He lives in Kampala and is 22 years old. He will take notes during the discussion. He can also help to translate when necessary.

There is a sexuality education programme in Uganda, called World Starts With Me. Have you ever heard of it? They are teaching this programme at eighty schools in Uganda at the moment. And if your school wants it, your school will get the programme next year. This year, the organization in the Netherlands that created the programme, would like to evaluate the programme to see how they can improve the programme. That is why I am here to do research. I would like to know more about you and your opinions, so we can try to improve the programme. The results will be reported to the World Population Foundation and SchoolNet Uganda. Your school will also receive the results but they will be brief, summarized, results, they will not be able to find out what you said. Thank you for participating in this discussion!

The discussion will not take longer than one-and-a-half hour and I will be asking you questions about sexuality issues. If you feel uncomfortable with a question, or if you don't want to talk about it, just tell me. Then we will skip that question. If you feel that there are related issues that are relevant and important, you can tell me during the discussion.

This discussion is confidential. I will not use your names in my study or do other things that will make people know what you told me. I won't tell anyone at your school, I will make sure that you will stay anonymous. Please respect each other, and don't tell others about what we discussed here.

Please be open and honest: only if you tell me the truth and not the things you think I want to hear, we will be able to improve the programme. There is no right answer, I just want to hear all your opinions, they are equal of importance. I won't judge you on the things you tell me. Each of you might have your own view, and I hope that you will also comment on each others opinion in case you disagree or agree with them.

It's a discussion, so you can respond to each other, you're not answering me but talking with the whole group. And when someone is talking, let this person speak, listen to each other, and wait for your turn to respond. So one persons speaks at a time!

Is it okay if I tape the interview, so I can focus on the discussion now and listen back to it later, so I don't have to write everything down now? I will need it later on to analyse what was said during the discussion.

Is everyone okay to do this interview, does everyone give consent (let them give orally consent or else written on the survey afterwards)? Are there any questions so far? Shall we begin? After the interview, I will have a snack and a soda for you to thank you.

Opening questions

About 15 minutes, general questions

- Background of participants
 - Age
 - Course at school
 - Do you know each other?
 - Place of residence
 - Family?
 - Boyfriend/girlfriend?
- Who has been in such a discussion before?

Introductory questions

Transition questions

How does self-efficacy play a role when practicing:

1. Relationships
 - a. Do relationships make you feel confident? Why/when (not)?
2. Sexual intercourse
 - a. When are people ready to have sexual intercourse?
 - b. What are reasons to have sex for people at your age? What are reasons to abstain?
 - c. How about pressure to have sex and to abstain?
 - d. What influences this pressure?
 - e. Is it difficult to make own decision to have sex or not?
 - f. When is it not possible to refuse sex?
3. Cross-generational sex
4. Transactional sex
 - a. Would you want your girl/boyfriend to give you money or presents? What if he/she didn't? How would you react?
 - b. What if your boy/girlfriend was giving you presents and would then be asking for sex. How would you react? Why?
 - c. How does it feel when people don't want to have relationship because you can't buy them money and presents? How do you deal with that?
5. Multiple partners at the same time

And possibly:

6. Sexual harassments (at school)/teacher-student relations
 - a. How do you think about students who have relationships with teachers? What do you think are their reasons to have relationships with them?
7. Practicing safe sex

8. Do you think that going to school influences the way people have relationships and whether they have sex (or not)? How?
 - a. And how about other factors/background characteristics?
 - i. cultural meaning system, religion, religiosity, cultural schema
 - ii. family (financial capital, human capital, social capital)
 - iii. kinship, peers, media, place of residence, sex, age, educational level, nuptiality
 - b. And whether you need money or not?

Recap: Do I understand well that you mean...

7.4.1.1.1. Closing questions

To summarise... question

Thank you for the discussion!

Post-discussion stage

- Could you write down your consent and some background information about yourself on this paper?
- What did you think of this discussion? Were there any difficulties? Do you think we should change something for our next FGD?

After FGD:

Write report on how things went.

Questions added during Focus Group Discussion

1. What should your ideal partner look like?
2. Additional to question 2c: 'Fala'?
3. When is the right time to kiss or to have sex?
4. How about:
 - a. 'Hit and run'?
 - b. 45 degrees?
5. Do you ever talk with friends about:
 - a. Having relationships?
 - b. Having sex/sexual activities?
6. Which methods do you use to practice safe sex? What are the advantages/disadvantages?

Questions for second girls Focus Group Discussion provided by second boys Focus Group Discussion:

1. Do they fear condoms? Would they carry one?
2. Do they discuss about boys?
3. What are considerations in mind when choosing a boyfriend?

Appendix 3. Baseline survey World Starts With Me

This appendix shows the baseline survey of the World Starts With Me outcome evaluation in Uganda. A different version was used for boy and girl respondents. Although the questions were equal, differences between the two versions can be found in the formulation of the questions. For instance, a girl respondent was asked, *'Have you ever been pregnant?'*, while a boy respondent was asked, *'Have you ever made one of the lovers you had sexual intercourse with pregnant?'* Since the surveys are almost equal, it was decided to insert only one of the two versions in this appendix, which in this case is the girl's version.

STUDENT QUESTIONNAIRE

GIRLS

INSTRUCTIONS for the respondents

Please help us by filling in this questionnaire. Your responses are very important to us and will help to keep young people in this country healthy.

Do not write your name on this questionnaire. **All the information you give us will be kept private.** Nobody will know who filled in this questionnaire. Your teachers, neighbours, family and schoolmates will not see your answers.

This is not a test and there are no right or wrong answers. **PLEASE BE HONEST IN YOUR ANSWERS.** Do NOT give us answers that you think we want from you. We need to know what you and other young people **really** think, so that we can give young people in Uganda the information they need.

Completing this questionnaire is completely **voluntary**. If filling in the questionnaire makes you feel uncomfortable, you can stop at any time. If you find a question too difficult or too personal, you can fill in the box 'I don't want to talk about this'.

Give your consent for participation in the study by answering the following question:

I complete this questionnaire on a voluntary basis, and I understand that I can stop at any time:
(Please tick **only one** box)

Yes ₁

No ₂

When questions include answers with boxes, please tick the box next to the answer you want to give. Tick the insight of the box like this: ₂

Sometimes you are asked to tick more boxes. Then tick all boxes that **apply to you**.

If you like to change your mind, put a cross behind the answer which is wrong and also tick the box that applies to you.

For example:



If you have any questions, please raise your hand and ask the project staff who are present in the classroom.

Take your time and answer carefully. There is enough time to complete the questionnaire.

THANK YOU VERY MUCH FOR YOUR HELP!

WHO ARE YOU?

Please tell us something about yourself. We like to know what kind of person filled in this questionnaire. But we do not want to know your name.

1. In which class/grade are you?

 _____

2. How old are you (completed years)?

(Tick **only one** box)

12 or younger ₁

13 ₂

14 ₃

15 ₄

16 ₅

17 ₆

18 ₇

19 ₈


20 or older ₉

3. Where do you live?

(Tick **only one** box)

In Kampala ₁

In a town, namely  _____ ₂


In a big village  _____ ₃

In a small rural village, namely  _____ ₄

Other (please specify)  _____ ₅

4. What is your religion?

(Tick **only one** box)

- | | | |
|--|--------------------------|---|
| Catholic | <input type="checkbox"/> | 1 |
| Protestant | <input type="checkbox"/> | 2 |
| Muslim | <input type="checkbox"/> | 3 |
| Pentecostal / Born again | <input type="checkbox"/> | 4 |
| Hindu | <input type="checkbox"/> | 5 |
| Seventh Day Adventists | <input type="checkbox"/> | 6 |
| Have no religion | <input type="checkbox"/> | 7 |
| Other (please specify)  _____ | <input type="checkbox"/> | 8 |

5. Apart from weddings and funerals, about how often do you attend religious services?

(Tick **only one** box)

- | | | |
|---------------------------|--------------------------|---|
| More than once a week | <input type="checkbox"/> | 1 |
| Once a week | <input type="checkbox"/> | 2 |
| Once a month | <input type="checkbox"/> | 3 |
| Only on special holy days | <input type="checkbox"/> | 4 |
| Once a year | <input type="checkbox"/> | 5 |
| A few times a year | <input type="checkbox"/> | 6 |
| Never | <input type="checkbox"/> | 7 |


6. How important is religion in your life?

(Tick **only one** box)


- | | | |
|--------------------|--------------------------|---|
| Very important | <input type="checkbox"/> | 1 |
| Important | <input type="checkbox"/> | 2 |
| Not very important | <input type="checkbox"/> | 3 |
| Unimportant | <input type="checkbox"/> | 4 |

Some youth don't have a father or a mother anymore, or they don't live with them. But they may live with someone else, such as an uncle or aunt or with grandparents. We call them **guardians**.

7. With whom do you live in your household?
(Tick **all boxes that are applicable** for you)

- my father ₁
- my mother ₂
- my grandparent(s) ₃
- other relative(s), such as uncle/ aunt ₄
- my guardian(s) with no blood relationship ₅
- my brother(s) and/or sister(s) ₆
- my child(ren) ₇
- my husband ₈
- my lover ₉
- Other (please specify)  _____ ₁₀

8. If you live with your brothers and sisters or other children, how many children aged below 18 years old (other than yourself) live in your household?

- Number of children  _____
- There are no other children in my household ₁

9. What is the highest level of education of your father/ male guardian?
(Tick **only one box**)

- No formal education ₁
- Primary education ₂
- Secondary education ₃
- College/university education ₄
- I don't know ₅
- I don't have a father/ male guardian ₆

10. What is the highest level of education of your mother/ female guardian?

(Tick **only one** box)

- No formal education ₁
- Primary education ₂
- Secondary education ₃
- College/university education ₄
- I don't know ₅
- I don't have a mother/ female guardian ₆

11. How many people sleep in the same room with you at night when you are at home (besides yourself)?

 _____

12. Which of the following is true in your home? Please mark the statement that best describes your situation

(Tick **only one** box)

- We don't have enough food ₁
- We have enough food, but not other basic items such as clothes ₂
- We have enough money for food and clothes but are very short of many other things ₃
- We have the most important things, but few luxury goods ₄
- We have money for luxury goods and extra things ₅

For the next two questions we want you to answer **for each of the lines** what most applies to you. Tick one box for each of the lines.

13. How often do you:

(Tick **one of the boxes** for each of the lines)

	Almost every day	At least once a week	Less than once a week	Not at all
Read a newspaper	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Read a magazine	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Listen to the radio	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Watch television	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Surf the Internet	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

14. In the last six months, have you heard or received any information about family planning, HIV/AIDS or other topics concerning sexual health?

(Tick either yes or no for each of the lines)

	Yes	No
On the radio	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂
On the television	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂
In a newspaper	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂
In a magazine	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂
In a video or film	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂
In street advertisements	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂
From the Internet	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂

WHAT DO YOU KNOW?

Below are some questions on pregnancy, HIV and other Sexually Transmitted Infections. Please tick the box that best represents what you think.

15. A girl can NOT get pregnant the first time she has sex

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

16. If a girl washes herself thoroughly immediately after sexual intercourse, she can NOT get pregnant

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

17. The HIV-virus can be transmitted by mosquito bites

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

18. When someone has HIV, this can ALWAYS be seen from the appearance

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

19. Biologically, boys have a higher risk to contract a sexually transmitted infection than girls

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

20. Anal sexual intercourse is a safe way to protect oneself from sexually transmitted infections

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

FUTURE PLANNING

We want to ask you some questions about your future. Some people feel they can decide largely for themselves what will happen in the future, others feel that this is strongly influenced by others or by fate. And some think a lot about what can happen in the future, while others don't often think about that.

Give your opinion on the following statements (*Tick **only one** box*):

21. What happens to me in the future mostly depends on myself

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅

22. It does not make sense to worry about the future, since there is nothing that I can do about it anyway

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅

23. I am able to resist temptations, like going to a bar or to a party, when I know that there is work to be done

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅

24. As long as I feel good now, I don't worry about having health problems later in life

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5

25. I often think about how my actions will affect my health when I am older

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5

26. I take each day as it is rather than trying to plan ahead

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5

WHAT IS YOUR OPINION?

When it comes to sexuality, people have different opinions. No opinion is wrong or right. Please let us know how you think about the following statements related to sexual acts of young people of your age.

We start with questions about the differences between boys and girls. Give your opinion on the following statements.

27. If a girl dresses sexy, she is showing that she wants to have sex

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5

28. If a girl refuses to have sex with her boyfriend, it is okay for him to persuade her by using some force or pressure

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

29. If a boy is sexually excited and wants sex, his lover is allowed to refuse him

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

30. It is okay for me when somebody my age has sex in exchange for gifts or money

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

31. No one has the right to force me to have sexual intercourse without a condom

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

We also like to know what you think about young people your age who have sex. This is quite a sensitive issue. Some people think that young people should not have sex at all. Others think that sometimes this is okay.

In questions 32 and 34, you **can tick more than one box** if you think this is applicable.


32. When young people my age are in love, they should be able to engage in the following sexual activities:

- | | |
|---------------------------------|-----------------------------|
| Walking hand in hand | <input type="checkbox"/> 1 |
| Hugging and caressing | <input type="checkbox"/> 2 |
| Kissing | <input type="checkbox"/> 3 |
| Deep kissing | <input type="checkbox"/> 4 |
| Fondling | <input type="checkbox"/> 5 |
| Mutual masturbation | <input type="checkbox"/> 6 |
| Petting | <input type="checkbox"/> 7 |
| Oral sex | <input type="checkbox"/> 8 |
| Vaginal sexual intercourse | <input type="checkbox"/> 9 |
| Anal sexual intercourse | <input type="checkbox"/> 10 |
| I don't want to talk about this | <input type="checkbox"/> 11 |

33. All young people my age should decide for themselves whether to practice sexual acts excluding sexual intercourse

- | | |
|----------------------------|----------------------------|
| Strongly agree | <input type="checkbox"/> 1 |
| Agree | <input type="checkbox"/> 2 |
| Neither agree nor disagree | <input type="checkbox"/> 3 |
| Disagree | <input type="checkbox"/> 4 |
| Strongly disagree | <input type="checkbox"/> 5 |

34. If young people my age decide to wait for sexual intercourse, it is wise for them to wait until...

- they feel sexually attracted to someone 1
- they feel ready for it 2
- they are in love 3
- their lover asks them to have sexual intercourse 4
- they have finished school 5
- they are in a steady relationship 6
- they are engaged 7
- they are married 8
- I don't know 9
- I don't want to talk about this 10
- Else, namely  _____ 11

35. All young people my age should be able to decide for themselves whether they have sexual intercourse

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5

36. It is better that young people my age who are in a steady relationship, postpone sexual intercourse until they are older

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5

37. Young people should not engage in sex until they are married

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5

The next three questions are about using a **condom** during sexual intercourse. According to some people, condoms should only be used by adults. Others think that also young people should be able to use them. What do you think about condom use?

Even if you have never used a condom we like to know your opinion.

Give your opinion on the following statements (*Please tick **only one** box*):

38. It is pleasant to use a condom during sexual intercourse

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't want to talk about this 6
- I don't know 7

39. It is wise to use a condom during sexual intercourse

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't want to talk about this 6
- I don't know 7

40. I think that all young people should always use a condom during sexual intercourse

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't want to talk about this 6
- I don't know 7

People may think that homosexuality is unnatural and a disease. Others may think that homosexuality is not a disease. What do you think?

41. I think that homosexuality is a disease

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't want to talk about this 6
- I don't know 7

People may also have different opinions about abortion. What do you think?

42. I think that it is acceptable for young people my age to have an abortion, if they don't want to have children at that age

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't want to talk about this 6
- I don't know 7

IMPORTANT PEOPLE FOR ME

Like any other young person, you have important people around you, such as your parents/guardians and friends. They also have ideas and opinions. The questions below are about what they think and do, when it comes to sex, sexual intercourse and condoms..

Give your opinion on the following statements (*Please tick **only one** box*).

First we will ask you some questions about your **friends**. With this we mean friends who are of the same age as you are.

43. I talk with my friends about sexual issues

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄

44. My friends believe that it is acceptable for people my age to practice all kinds of sexual acts without having sexual intercourse

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄
- I don't know ₅

45. My friends believe that it is acceptable for people my age to have sexual intercourse with a steady lover

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄
- I don't know ₅

46. My friends believe that people my age should postpone sexual intercourse until they are older

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄
- I don't know ₅

47. I have friends who have had sexual intercourse

- Yes, most of them 1
- Yes, some of them 2
- None of them 3
- I don't know 4

48. My friends think that people my age should use a condom when having sexual intercourse

- Definitely yes 1
- Yes 2
- No 3
- Definitely no 4
- I don't know 5

49. I have friends who use a condom when they have sexual intercourse

- Yes, most of them 1
- Yes, some of them 2
- None of them 3
- I don't know 4

50. I have friends who sometimes pressure their lover to have sex with them

- Yes, most of them 1
- Yes, some of them 2
- None of them 3
- I don't know 4

51. People of my age masturbate

- Yes, most of them 1
- Yes, some of them 2
- None of them 3
- I don't know 4

52. The opinion of my friends has an important influence on my own decisions

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄

For the next two questions we like you to answer **for each of the lines** what most applies to you. Tick one box on each of the lines.

53. Young people my age who have a steady relationship with a lover, practice the following intimate acts:

	Rarely/Never	Sometimes	Frequently	I don't know
Walking hand in hand	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Hugging and caressing	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Kissing	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Deep kissing	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Fondling	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Mutual masturbation	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Petting	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Oral sex	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Vaginal sexual intercourse	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Anal sexual intercourse	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
I don't want to talk about this	<input type="checkbox"/> ₅			

54. I have friends who:

	Yes, most of them	Yes, some of them	None of them	I don't know
have made a girl pregnant or who have become pregnant	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
are infected with HIV	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
had another sexually transmitted infection	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
had an abortion	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

55. I have friends who have been forced to have sexual intercourse

- Yes, most of them ₁
- Yes, some of them ₂
- None of them ₃
- I don't know ₄

56. I have friends who have had sexual intercourse in exchange for gifts or money

- Yes, most of them ₁
- Yes, some of them ₂
- None of them ₃
- I don't know ₄

The following questions are about your parents or guardians. We like to know what their opinions are when it comes to sexuality.

57. I think that my parents/guardians approve if I have sexual intercourse at my age

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄
- I don't know ₅

58. I think that my parents/guardians approve if I practice other sexual activities (such as petting) than sexual intercourse

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄
- I don't know ₅

59. I think that my parents/guardians approve if I pressure my lover to have sex with me

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄
- I don't know ₅

60. In case I have sexual intercourse, I think that my parents/guardians would approve if I use a condom

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄
- I don't know ₅

61. I talk about sexual issues with my parents/guardians

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄

62. The opinion of my parents has an important influence on my own decisions

- Definitely yes ₁
- Yes ₂
- No ₃
- Definitely no ₄

SEXUAL HEALTH

Some people see themselves at risk of becoming pregnant or getting HIV. Others don't. Please tell us whether you agree or disagree with the following statements.
Give your opinion on the following statements (*Please tick **only one** box*):

63. If I have vaginal sexual intercourse without a condom or another contraceptive, this may lead to pregnancy.

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

64. If I become pregnant, I will not be able to fulfil my dreams

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

65. If I have sexual intercourse without a condom, I am likely to contract HIV

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

66. If I get infected with HIV, I will not be able to fulfil my dreams

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

67. If I have sexual intercourse without a condom, I am likely to get infected with a sexually transmitted infection other than HIV

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

68. If I get infected with a sexually transmitted infection other than HIV, I will not be able to fulfil my dreams

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

Some sexual activities can lead to health risks such as infection with HIV or other sexually transmitted infections (STIs), or to pregnancy.

State for **each line**, whether you think that that activity can lead to STI or HIV infection or to pregnancy. **Tick all boxes** which apply in your view.

69. Which sexual activities may lead to STI, HIV or pregnancy?

	STI infection	HIV infection	Pregnancy	I don't know
Deep kissing	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Fondling	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Mutual masturbation	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Petting	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Having oral sex	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Having vaginal sexual intercourse	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄
Having anal sexual intercourse	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄

HOW CONFIDENT ARE YOU?

Tell us whether you agree or disagree with the following statements, even if you have never had sex or have never had a (sexual) lover. Give your opinion on the following statements and **tick only one box**.

70. I can take my own decisions when and with whom to have a sexual relationship

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

71. If I have sex with a (future) lover, it will be difficult for me to practice only other sexual activities without having sexual intercourse

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

72. I am sure that I can practice other sexual activities without having sexual intercourse

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

The following questions are about using a condom during sexual intercourse. Even if you don't have a (sexual) relationship at this moment, imagine that you would have sexual intercourse at some time in the future.

73. For me, using a condom every time I have sexual intercourse is difficult

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

74. I am sure that I can use a condom every time if I have sexual intercourse in future

- Strongly agree ₁
- Agree ₂
- Neither agree nor disagree ₃
- Disagree ₄
- Strongly disagree ₅
- I don't know ₆

75. Avoiding situations which can lead to sexual intercourse is difficult

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

76. I am sure that I can avoid situations which can lead to sexual intercourse

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

77. Refusing a lover who pressures me to have sexual intercourse is difficult

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

78. I am sure that I can refuse a lover who pressures me to have sexual intercourse

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

79. If my lover does not want to have sexual intercourse, but I feel the urge to have it, it will be difficult to control myself

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

80. If my lover does not want to have sexual intercourse, but I feel the urge to have it, I am sure that I can control myself

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

81. Do you plan to abstain from sexual intercourse until later?

- Yes 1
- No 2
- I don't know 3

The next two questions are only for you who **plan to abstain from sexual intercourse until later**. Others can skip these questions and continue with **question 84**.

82. For me, waiting to have sexual intercourse until I am older is difficult

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6

83. I am confident that I can wait to have sexual intercourse until I am older

- Strongly agree 1
- Agree 2
- Neither agree nor disagree 3
- Disagree 4
- Strongly disagree 5
- I don't know 6


PAST BEHAVIOUR

Remember that you did not write down your name anywhere, so no one will know what your answers are. Not your teacher, your parents, nor your friends.

The following questions are about your experiences with sex. This can be very personal and maybe it is difficult for you to answer them. However, try to give honest answers.

Make sure that no one will see your paper while you are filling in the questionnaire. And don't look on the paper of your classmates.

84. Did you ever have a lover?

- No 1
- Yes, once 2
- Yes, more than once 3
- If yes, at what age for the first time?  _____
- I don't want to talk about this 4

85. Do you have a lover now?

- No 1
- Yes 2

86. Have you ever engaged in petting or fondling with a lover?

- No 1
- Yes 2
- I don't want to talk about this 3

87. Have you ever engaged in oral sex?

- No 1
- Yes 2
- I don't want to talk about this 3

88. Have you ever engaged in mutual masturbation?

- No ₁
Yes ₂
I don't want to talk about this ₃

If you have ever practiced other sexual activities such as petting, oral sex, or mutual masturbation (without having sexual intercourse), answer the next two questions. If you did not, continue with **question 91**.

89. When did you practice other sexual activities (excluding sexual intercourse) for the FIRST time?

- Less than one month ago ₁
Between 1 and 2 months ago ₂
Between 3 and 6 months ago ₃
More than 6 months ago ₄
I don't know ₅
I don't want to talk about this ₆

90. When did you practice other sexual activities (excluding having sexual intercourse) for the LAST time?

- Less than one month ago ₁
Between 1 and 2 months ago ₂
Between 3 and 6 months ago ₃
More than 6 months ago ₄
I don't know ₅
I don't want to talk about this ₆

Please answer the questions below honestly, even if you are not sexually active and also when you have never used a condom.

91. How often have you obtained condoms in the last 6 months?

- Very often ₁
Often ₂
Sometimes ₃
Only a few times ₄
Never ₅
I don't want to talk about this ₆

92. How often did you carry condoms with you in the last 6 months?

- Very often 1
- Often 2
- Sometimes 3
- Only a few times 4
- Never 5
- I don't want to talk about this 6


93. With how many different people have you had sexual intercourse in your life?

- None 1
- With _____ *person(s)* 2
- I don't want to talk about this 3
- I don't know 4


94. With how many of these people did you use a condom?

- None 1
- With _____ *person(s)* 2
- I don't want to talk about this 3
- I don't know 4
- I have never had sexual intercourse 5

95. Have you ever practiced masturbation?

- No 1
- Yes 2
- If yes, at what age for the first time?  _____
- I don't want to talk about this 3

96. Have you ever practiced anal sexual intercourse?

- No 1
- Yes 2
- How old were you when you did this for the first time?  _____ years old
- I don't want to talk about this 3

Sometimes young people get into situations which may lead to sex and to sexual intercourse, while they don't want this. They may be forced or tricked by a boy or girl to have sex. Examples of these situations are being alone with a boy/girl or drinking too much alcohol.

Sometimes people become aware of this and try to avoid such situations. Others are not aware and end up having sexual intercourse against their will.

97. How often in the last 6 months did you avoid a situation in which you would have run the risk to have unwanted sex?

- Very often 1
- Often 2
- Sometimes 3
- Only a few times 4
- Never 5
- I don't want to talk about this 6

Sometimes people do get in these situations. And some can get out of it. Others cannot.

98. How often in the last 6 months did you find yourself in a situation in which unwanted sex could have occurred and you managed to get out of it?

- Very often 1
- Often 2
- Sometimes 3
- Only a few times 4
- Never 5
- I don't want to talk about this 6

99. Have you ever been pressured by someone to have sex when you did not want to?


- Very often 1
- Often 2
- Sometimes 3
- Only a few times 4
- Never 5
- I don't want to talk about this 6

100. Have you ever pressured someone to have sex with you when he or she did not want to?


- Very often ₁
- Often ₂
- Sometimes ₃
- Only a few times ₄
- Never ₅
- I don't want to talk about this ₆

The questions below are only for you **when you have had sexual intercourse** in the past.
If you have **never** had sexual intercourse in your life, please continue with **question 112**.


101. How old were you when you had sexual intercourse for the **first** time?

-  _____ years old ₁
- I don't want to talk about this ₂

102. Which of the following statements best describes the **first** time you had sexual intercourse?
(Please mark **more than one box** if necessary)

- I wanted to have sexual intercourse ₁
- My lover wanted to have sexual intercourse ₂
- Me and my lover were in love ₃
- I forced/ persuaded my lover to have sex with me ₄
- I was persuaded/ forced by my lover ₅
- I received some gifts or money in return ₆
- I was tricked ₇
- Other, please specify  _____ ₈
- I don't want to talk about this ₉


103. With how many different people did you have sexual intercourse in the **past 6 months**?

- None ₁
- With  _____ person(s) ₂
- I don't want to talk about this ₃

104. When did you last have sexual intercourse?

- Less than one month ago 1
- Between one month and half a year ago 2
- Between half a year and one year ago 3
- Between one year and two years ago 4
- More than two years ago 5
- I don't want to talk about this 6

105. Which of the following best describes the last time you had sexual intercourse?
*(Please tick **all boxes** that apply to you)*


- I wanted to have sexual intercourse 1
- My lover wanted to have sexual intercourse 2
- Me and my lover were in love 3
- I forced/ persuaded my lover to have sex with me 4
- I was persuaded/ forced by my lover 5
- I received some gifts or money in return 6
- I was tricked 7
- Other, please specify  _____ 8
- I don't want to talk about this 9

106. Did you ever get something (like money, food, drinks or other gifts) in return for sexual intercourse?

- Very often 1
- Often 2
- Sometimes 3
- Only a few times 4
- Only once 5
- Never 6
- I don't want to talk about this 7

The questions below are about the use of prevention methods to prevent pregnancy, HIV or another sexually transmitted infection.

107. **The last time you had sexual intercourse, did you do anything to prevent pregnancy, HIV or another sexually transmitted infection?**
(Please mark **more than one** if applicable)

- No, we did not use anything 1
- Yes, we used a condom 2
- Yes, I used the pill 3
- Yes, I used an injection 4
- Yes, withdrawal 5
- Other (specify)  _____ 6
- I don't want to talk about this 7

108. **How often did you discuss with a lover in the past 6 months whether to use a condom?**

- Very often 1
- Often 2
- Sometimes 3
- Only a few times 4
- Never 5

109. **How often did you use a condom when you had sexual intercourse in the past 6 months?**

- Always 1
- Very often 1
- Often 2
- Sometimes 3
- Only a few times 4
- Never 5
- I don't want to talk about this 7

The questions below are only for you who **have ever used a condom during** sexual intercourse. If you have **never** used a condom, please continue with **question 112**.

110. **The first time you had sexual intercourse, did you use a condom?**

- Yes 1
- No 2
- I don't want to talk about this 3
- I don't remember 4

111. All the times you used a condom, how often did the condom slip or break?

- Very often 1
- Often 2
- Sometimes 3
- Only a few times 4
- Never 5
- I don't want to talk about this 6

FUTURE BEHAVIOUR

In this section we ask you some questions about your future plans related to sex. Sometimes it is difficult to already think beforehand what you will do. However, we would like you to think about what could happen in future and answer the questions below.

112. Do you think that you will practice sexual activities such as petting, kissing or mutual masturbation excluding having sexual intercourse within the next 6 months?

- Very likely 1
- Likely 2
- Not likely or unlikely 3
- Unlikely 4
- Very unlikely 5
- I don't want to talk about this 6

113. Do you think that you will have sexual intercourse within the next 6 months?

- Very likely 1
- Likely 2
- Not likely or unlikely 3
- Unlikely 4
- Very unlikely 5
- I don't want to talk about this 6

114. Do you think that you will wait with sexual intercourse until you are older?

- Very likely 1
- Likely 2
- Not likely or unlikely 3
- Unlikely 4
- Very unlikely 5
- I don't want to talk about this 6

115. Do you think that in future you will avoid situations in which unwanted sex could happen?

- Very likely ₁
- Likely ₂
- Not likely or unlikely ₃
- Unlikely ₄
- Very unlikely ₅
- I don't want to talk about this ₆

Imagine you are in a situation with a lover and you don't want to have sex.

116. Do you think that you will refuse her/him?

- Very likely ₁
- Likely ₂
- Not likely or unlikely ₃
- Unlikely ₄
- Very unlikely ₅
- I don't know ₆
- I don't want to talk about this ₇

Maybe you have a lover at this moment. Think for yourself whether you are planning to use a condom when you will have sexual intercourse next time.
Maybe you don't have a lover at this moment. Imagine that you will have one in future. How likely is it that you will use condoms in the future?


117. Do you think that you and your (future) lover will use a condom when you will have sexual intercourse?

- Very likely ₁
- Likely ₂
- Not likely or unlikely ₃
- Unlikely ₄
- Very unlikely ₅
- I don't want to talk about this ₆

This question is only relevant for people who have **NEVER** had sexual intercourse in their life. If you did have sexual intercourse, please continue with question 119.

118. If you have NEVER had sexual intercourse, when do you expect to have sexual intercourse for the first time?

*(You can tick **more than one** box)*

- | | |
|---|---------------------------------------|
| when I feel sexually attracted to someone | <input type="checkbox"/> ₁ |
| when I am in love | <input type="checkbox"/> ₂ |
| when I have a steady relationship | <input type="checkbox"/> ₃ |
| when I am engaged | <input type="checkbox"/> ₄ |
| when I am married | <input type="checkbox"/> ₅ |
| by the age of  _____ | <input type="checkbox"/> ₆ |
| I don't know | <input type="checkbox"/> ₇ |
| I don't want to talk about this | <input type="checkbox"/> ₈ |

SEXUAL HEALTH AND HEALTH CARE

When people face sexual health problems or have questions about their sexual health, they can visit a health care provider or counsellor. For example, when they face problems related to pregnancy or with sexually transmitted infections; or when they want more information about prevention methods.

119. Have you visited a counsellor or health care provider in the last 3 months, because you had a sexual health problem or a question?

- | | |
|---------------------------------|---------------------------------------|
| Yes, once | <input type="checkbox"/> ₁ |
| Yes, more than once | <input type="checkbox"/> ₂ |
| No | <input type="checkbox"/> ₃ |
| I don't want to talk about this | <input type="checkbox"/> ₄ |

120. If you would need health care services or counselling, do you think you will seek their help in future?

- | | |
|------------------------|---------------------------------------|
| Very likely | <input type="checkbox"/> ₁ |
| Likely | <input type="checkbox"/> ₂ |
| Not likely or unlikely | <input type="checkbox"/> ₃ |
| Unlikely | <input type="checkbox"/> ₄ |
| Very unlikely | <input type="checkbox"/> ₅ |

In a **VCT centre** (VCT = voluntary counselling and testing) people can get themselves tested on HIV.

121. Have you ever been tested at a VCT centre?

- Yes, once 1
- Yes, more than once 2
- No 3
- I don't want to talk about this 4

122. Have you ever had a Sexually Transmitted Infection?

- Yes 1
- No 2
- I don't know 3
- I don't want to talk about this 4

123. Have you ever been pregnant?

- Yes, once 1
- Yes, more than once 2
- No 3
- I don't know 4
- I don't want to talk about this 5

124. Have you ever had an abortion?

- Yes, once 1
- Yes, more than once 2
- No 3
- I don't know 4
- I don't want to talk about this 5

125. What do you think of this questionnaire? What was difficult for you? Why?



THANK YOU VERY MUCH FOR COMPLETING THE QUESTIONNAIRE!

To be completed by the research assistant

Questionnaire Number _____ Group A / B

Name of research assistant _____

Date _____

Name of school _____

School Number _____

Grade(s)/class(es)/club _____

Boarding or day school Boarding ₁

*(Please tick **only one** box)* Day ₂

Day and boarding ₃

Boys/girls/mixed school Boys ₁

*(Please tick **only one** box)* Girls ₂

Mixed ₃